

Things that are Grown (Meat-free)

	<u>Starters</u>	<u>Mains</u>	
Homemade Soup of The Day <i>Served with Crusty Bread</i>	£3.95		V
Plum Tomato & Buffalo Mozzarella Salad <i>With Green Pesto and Balsamic Glaze</i>	£4.95		V
Stir-fried Vegetables <i>With Teryaki and served on a bed of Boiled Rice</i>	£4.95	£7.50	V
Mushroom Strogonoff <i>In Creamy Paprika sauce and Rice</i>		£5.25	V
Award Winning 'Heidi' Pie <i>With a Goat's Cheese, Sweet Potato, Spinach, Red Onion and Roasted Garlic filling. Served with Side Salad</i>		£7.25	V

Things that Roam

	<u>Starters</u>	<u>Mains</u>	
Parma Ham and Melon	£4.95		
Award Winning 'Moo' Pie <i>With a Beef and Ale filling, Mash and Gravy</i>		£7.25	
Beef Madras Curry <i>Served with a Poppadom, Rice and Mango Chutney</i>		£7.20	
Spicy Pork Meatballs <i>In a Tomato Provencal sauce on a bed of Spaghetti</i>		£6.95	
Lean Beef Mince Lasagne <i>Served with Chips and Salad garnish</i>		£7.95	
Welsh Pork & Leek Sausages and Mash <i>With Onion Gravy</i>		£7.25	
Welsh Faggots and Peas <i>With Mash and Onion Gravy</i>		£5.75	
Spicy Chilli Con Carne <i>Made with Lean Mince Beef and Served with Rice or Chips</i>		£7.45	

(v) These dishes are suitable for vegetarians, though please note that whilst we take every care to safeguard the integrity of our vegetarian offerings we must advise that these products are handled in a multi-kitchen environment. All Items are subject to availability. We cannot guarantee that our products do not contain nuts and/or seeds. Fish dishes may contain bones. We accept all major credit cards or debit cards supported by a valid PIN number, personal cheques up to the value of the guaranteed card and cash.

Things from the Sea

	<u>Starters</u>	<u>Mains</u>
Garlic King Prawns <i>With Salad Garnish</i>	£4.90	
Prawn Cocktail <i>In Marie Rose sauce with Salad garnish</i>	£4.90	
Darne of Salmon <i>With a Creamy White Wine and Prawn sauce on New Potatoes and Petit Pois</i>		£9.50
Goujons of Cod <i>Served with Traditional Chipped Potatoes, Tartare Sauce and Mushy Peas</i>		£8.50

Things with Wings

	<u>Starters</u>	<u>Mains</u>
Homemade Chicken Liver Parfait <i>With Red Onion Marmalade and Toast</i>	£4.95	
Award Winning 'Chicken of Aragon' Pie <i>With a free-range British Chicken, Streaky Bacon, Roast Garlic, Vermouth and fresh Tarragon filling</i>		£7.25

Something on the Side

Portion of Chips	£1.95
Side of Greek Salad	£2.40
Pot of Marinated Olives	£1.50

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